

All health awareness campaigns are hyperlinked to websites providing information on the 2026 campaign theme and related support resources

JAN

Jan-Dec **Building a Healthier Environment** [Protecting Children's Health SafeFood](#)
 Jan 6-17 **First Fortnight** [Mental Health Art & Culture Festival](#)
 Jan 7-11 Feb **Ireland Lights Up** [GAA Healthy Clubs Step Challenge](#) [Get Ireland Walking](#)
 Jan 19-23 **Cervical Cancer Awareness Week** [CervicalCheck](#) [Irish Cancer Society](#)
 Jan 28 **International Data Protection Day** [Council of Europe](#)

FEB

Feb 1-28 **Fibre February** [Irish Nutrition & Dietetic Institute](#)
 Feb 1-28 **Oesophageal Cancer Awareness** [Esophageal Cancer Fund](#) [Irish Cancer Society](#) [Marie Keating Breakthrough Cancer](#)
 Feb 4 **World Cancer Day** [Irish Cancer Society](#) [Marie Keating Foundation](#)
 Feb 9 **International Epilepsy Day** [Epilepsy Ireland](#)
 Feb 10 **Safer Internet Day** [Webwise](#)
 Feb 15 **International Childhood Cancer Day** [Irish Cancer Society](#) [Marie Keating Foundation](#)
 Feb 18 **National No Smoking Day** [Quit Smoking HSE](#)
 Feb 20 **World Day of Social Justice**
 Feb 23-Mar 1 **Eating Disorder Awareness Week** [Bodywhys](#)
 Feb 28 **Rare Disease Day** [Rare Diseases Ireland](#)

MAR

Mar 1-31 **Endometriosis Awareness Month** [Endometriosis Association of Ireland](#)
 Mar 4 **World Obesity Day** [EASO WODAY](#)
 Mar 4 **International HPV Awareness Day** [Irish Cancer Society](#) [Marie Keating Foundation](#)
 Mar 6 **World Lymphoedema Awareness Day** [Irish Cancer Society](#) [Marie Keating Foundation](#)
 Mar 8 **International Women's Day** [The National Women's Council](#)
 Mar 12 **World Kidney Day** [Irish Kidney Association](#)
 Mar 13 **World Sleep Day**
 Mar 16-22 **Brain Awareness Week** [Neurological Alliance of Ireland](#)
 Mar 16-22 **Nutrition and Hydration Week**
 Mar 21 **World Down Syndrome Day** [Down Syndrome Ireland](#)
 Mar 21 **International Day for the Elimination of Racial Discrimination UN** [HSE National Social Inclusion office](#)
 Mar 22 **World Water Day**
 Mar 24 **World Tuberculosis Day** [Tuberculosis Service](#)
 Mar 30-Apr 10 **Adolescent and Young Adult AYA Cancer Awareness week** [Irish Cancer Society](#) [Childhood Cancer Ireland](#)

APR

April 1-30 **National Spring Clean programme** [An Taisce](#)
 April 1-30 **Bowel Cancer Awareness Month** [Bowel Screen](#) [Irish Cancer Society](#) [Marie Keating Breakthrough Cancer](#)
 April 1-30 **Testicular Cancer Awareness month** [Irish Cancer Society](#) [Marie Keating Breakthrough Cancer](#)
 Apr 2 **World Autism Awareness Day** [Irish Society of Autism](#)
 Apr 7 **World Health Day**
 Apr 8 **International Traveller and Roma Day** [Council of Europe](#) [National Social Inclusion Office](#)
 Apr 11 **Cystic Fibrosis 65 Roses National Awareness Day** [Cystic Fibrosis Ireland](#)
 Apr 19 **World Liver Day** [Irish Liver Foundation](#)
 Apr 20-26 **National Arthritis Week** [Arthritis Ireland](#)
 Apr 24-30 **World Immunization Week**
 Apr 28 **World Day for Safety and Health at Work UN**
 Apr 29 **National Workplace Wellbeing day**

MAY

May 1-31 **EU Diversity Month**
 May 1-31 **Sunsmart** [Skin Cancer Prevention Month](#) [Irish Cancer Society](#) [Marie Keating Foundation](#)
 May 1-31 **Brain Tumour Awareness Month** [Irish Cancer Society](#) [Marie Keating Breakthrough Cancer](#)
 May 1-31 **Bealtaine Festival** [Age and Opportunity](#)
 May 4-8 **European Mental Health Week** [Mental Health Europe](#)
 May 4-8 **European Public Health Week**
 May 5 **World Hand Hygiene Day** [WHO](#)
 May 5 **International Day of the Midwives' Day** [IMNO](#)
 May 6 **World Asthma Day** [Asthma Society of Ireland](#)
 May 6 **World Maternal Mental Health Day**
 May 8 **World Ovarian Cancer Day** [Irish Cancer Society](#) [Marie Keating Breakthrough Cancer](#)
 May 9-17 **National Bike Week** [An Taisce Green Schools](#)
 May 12 **International Nurses Day** [ICN](#) [INMQ](#) [WHO](#)
 May 15 **Hello How Are You?** [Mental Health Ireland](#)
 May 16-23 **Organ Donation Awareness Week** [Irish Kidney Association](#)
 May 17 **International Day Against Homophobia, Biphobia & Transphobia** [IDAHOT](#) [LGBT Ireland](#) [Belong To](#)
 May 18-24 **National Volunteering Week** [Volunteer Ireland](#)
 May 19 **World IBD Day** [Crohn's & Colitis Ireland](#)
 May 20 **International Clinical Trials Day**
 May 25-31 **European Week against Cancer** [EU Commission](#)
 May 29 **World Health Digestive Day**
 May 30 **World Multiple Sclerosis Day** [MS Ireland](#)
 May 31 **World No Tobacco Day** [WHO](#) [Quit Smoking HSE](#)

JUN

Jun 1 -30
 Jun 1-7
 Jun 5
 Jun 7
 Jun 8-14
 Jun 8-12
 Jun 8-14
 Jun 14
 Jun 15-21
 Jun 18
 Jun 20
 Jun 26

Cavernoma Awareness Month [Cavernoma Ireland](#)
Haemochromatosis Awareness Week [The Irish Haemochromatosis Association](#)
World Environment Day [UNEP](#)
Cancer Survivors Day [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
National Carers' Week [Care Alliance Ireland](#) [Family Carers Ireland](#)
Scout to School Week [Green Schools An Taisce](#)
Infant Mental Health Awareness Week [HSE Perinatal Mental Health Services](#)
World Blood Donor Day [IBTS](#)
Men's Health Awareness Week [Men's Health Forum in Ireland](#)
World Kidney Cancer Day
UN World Refugee Day [UNHCR Ireland](#) [HSE National Social Inclusion Office](#)
UN International Day Against Drug Abuse and Illicit Trafficking

JUL

Jul 1-31
 Jul 11
 Jul 27
 Jul 28

Sarcoma Awareness Month [Irish Cancer Society](#) [Marie Keating Foundation](#)
UN World Population Day
World Head & Neck Cancer Day [Irish Cancer Society](#) [Marie Keating Foundation](#)
World Hepatitis Day [Hepatitis C Ireland](#)

AUG

Aug 1-7
 Aug 12
 Aug 19
 Aug 31

World Breastfeeding Week [WABA](#) [HSE Breastfeeding Support](#)
International Youth Day [UN](#)
World Humanitarian Day [UN](#)
International Overdose Awareness Day [HSE Drugs](#) [HSE Social Inclusion](#)

SEPT

Sept 1-30
 Sept 1-30
 Sept 1-30
 Sept 1-30
 Sept 4
 Sept 6-12
 Sept 7
 Sept 8-12
 Sept 9
 Sept 10
 Sept 13
 Sept 15
 Sept 16
 Sept 17
 Sept 18
 Sept 20
 Sept 21
 Sept 21
 Sept 21-27
 Sept 23-30
 Sept 24
 Sept 25-2 Oct
 Sept 27
 Sept 29
 Sept 30

Heart Month [Irish Heart Foundation](#)
Childhood Cancer Awareness Month [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
Green Ribbon Campaign [Shine](#) [Mental Health Campaign](#)
Blood Cancer Awareness Month [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
Gynaecological Oncology Awareness Month [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
World Sexual Health Day [HSE](#)
Palliative Care Week [All Ireland Institute of Hospice and Palliative Care \(AIHPC\)](#)
World Duchenne Awareness Day
Migraine Awareness Week [Migraine Ireland](#)
International Fetal Alcohol Spectrum Disorders (FASD) [FASD Ireland](#)
World Suicide Prevention Day [HSE Mental Health](#)
World Sepsis Day
World Lymphoma Awareness Day [Lymphoma Forum of Ireland](#) [Irish Cancer Society](#) [Marie Keating Foundation](#)
Mouth Cancer Awareness Day [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
World Patient Safety Day [HSE Patient Safety](#)
Culture Night
World Gynaecological Oncology Day [OvaCare](#) [Irish Cancer Society](#) [Marie Keating Foundation](#) [ENGAGe](#)
World Alzheimer's Day [Alzheimer's Society of Ireland](#)
International Day of Peace [UN](#)
National Walking Week [Get Ireland Walking](#)
European Week of Sport [Sport Ireland](#)
World Cancer Research Day [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
Positive Ageing Week [Age Action Ireland](#)
National Walking Day [Get Ireland Walking](#)
World Heart Day [Irish Heart Foundation](#)
International Recovery Day [HSE Drugs and Alcohol Information and Support](#)

OCT

Oct 1
 Oct 1-31
 Oct 1-31
 Oct 1-7
 Oct 8
 Oct 10
 Oct 10
 Oct 11
 Oct 13
 Oct 16
 Oct 16
 Oct 16
 Oct 16
 Oct 18
 Oct 18-24
 Oct 18-24
 Oct 20
 Oct 29
 Oct 29

International Day of Older Persons [Alone Age Action](#)
Breast Cancer Awareness Month [Breast Check](#) [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
Liver Cancer Awareness Month [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
National Breastfeeding Week [HSE Breastfeeding Support](#)
World Sight Day
European Donation Day [Council of Europe](#)
World Mental Health Day [HSE Your Mental Health Aware](#) [Mental Health Ireland Aware](#)
World Hospice and Palliative Care Day
World Thrombosis Day [Irish Heart Foundation](#)
European Restart a Heart Day [ERC](#)
World Food Day
Developmental Language Delay DLD Awareness Day
World Menopause Day
International Infection Prevention Week [IIPW](#)
Spiritual Care Week
World Osteoporosis Day
World Stroke Day [Irish Heart Foundation](#) [Stroke Support](#)
Primary Sclerosing Cholangitis (PSV) Awareness Day

NOV

Nov 1-30
 Nov 1-30
 Nov 1-30
 Nov 9-13
 Nov 12
 Nov 14
 Nov 16-22
 Nov 16
 Nov 18
 Nov 18
 Nov 18
 Nov 19
 Nov 20
 Nov 25

Global Lung Cancer Awareness Month [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
Prostate Cancer Awareness Month [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
Stomach Cancer Awareness Month [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
Malnutrition Awareness Week [Irish Nutrition & Dietetic Institute](#) [Espen](#) [Irspen](#)
World Pneumonia Day
World Diabetes Day [Diabetes Ireland](#) [Diabetic Retina Screen](#)
Bereaved Children's Awareness Week [Irish Childhood Bereavement Network](#)
World Pancreatic Cancer Day [Irish Cancer Society](#) [Marie Keating Foundation](#) [Breakthrough Cancer](#)
European Antibiotic Awareness Day [EAAD](#) <https://antibiotic.ecdc.europa.eu/en>
World COPD Day [COPD Support Ireland](#)
International Men's Health Day [Men's Health Forum](#)
Universal Children's Day
International day of elimination of violence against women [HSE National Social Inclusion Office](#)

DEC

Dec 1
 Dec 1-5
 Dec 3
 Dec 5
 Dec 10
 Dec 18

World Aids Day
Awareness Week on Alcohol Related Harm [HSE Alcohol resources](#) [Alcohol Action Ireland](#)
International Day of Persons with Disabilities [Disability Federation of Ireland](#)
International Volunteer Day [UN](#) [Volunteer Ireland](#)
International Human Rights Day [UN](#) [Irish Human Rights and Equality Commission](#) [HSE Social Inclusion Office](#)
International Migrants Day [UN](#) [HSE Social Inclusion Office](#)

