



DOMESTIC ABUSE

USEFUL CONTACTS



Men's
Development
Network

Garda confidential line	1800 666 111
Garda Racial-Intercultural & Diversity Office	1800 666 111
Crime Victims Helpline	116 006 Text 085 133 7711
Garda National Protective Services Bureau (GNPB)	01 666 3430
Waterford Garda Support for DVA	051 305 370
Legal Aid Board (EMAIL SUE@JOSEPHNOLAN.IE)	066 947 1000 / 1890 615 200
Free Legal Aid Centres	1890 350 250 / 01 874 56 90
Emergency accommodation Dublin area - Siobhan Ferguson (SONAS)	087 646 8923
Women's Aid (24r Freephone Helpline) *DOWNLOAD BRIGHT SKY PHONE APP	1800 341 900
Move Ireland (Men Overcoming Violence)	085 874 8108
New Communities Partnership (Ethnic Minorities)	01 872 7842
Towards Healing (institutional, clerical sexual abuse)	1800 303 416 Text 085 8022854
Child Protection 085 880 16 43	One in Four (child sexual abuse trauma) 01 662 4070
Rape Crisis Centre (Help for survivors of sexual violence)	1800 778 888
Men's Aid 01 554 3811	Samaritans 116 123 Aware 1800 804848
Confidential Helpline for Senior Citizens	1850 440 444
Farm and Rural Stress Helpline	1800 742 645
CASP (Drug Addiction Services)	01 616 6750
HSE Drugs/Alcohol Helpline (for support, referral, guidance)	1800 459 459

Counselling

IACP	low-cost counselling	086 837 3087
IICP Tallaght	low-cost counselling	087 904 9497
PCI	low-cost counselling	0818 555 450
TEXT Messaging service (24/7)		text TALK to 50808
Teac Tom Kilkenny (24hr free counselling helpline)		056 779 6592
MDN Counselling	Derek 086 859 0983	John 086 458 6319